

	Tuesday 28 June	Wednesday 29 June	Thursday 30 June
8:00 - 9:00	Breakfast	Breakfast	Breakfast
Theme	Performance & Angiogenesis	Glycogen - our performance fuel?	Challenges: Athletes & Sports
	Opening Remarks Assoc. Prof. Morten Hostrup	Why does glycogen matter? Prof. Jørgen Jensen	Overtraining - tendon injuries Prof. Michael Kjær
9:00 - 10:30	The 1:50 Marathon Prof. Mike Joyner (MD) The greatest, the fakest, and the real sub2 Prof. Yannis Pitsiladis	Glycogen and performance Prof. Niels Ørtenblad & Assoc. Prof. Joachim Nielsen	Bronchial hyperreactivity & asthma Clin. Assoc. Prof. Vibeke Backer Respiratory limitations to performance Cons. Resp. Phys. James Hull (Ph.D.)
10:30 - 11:00	Break	Break	Break
11:00 - 12:30	Central limitations for performance Prof. José Calbet Blood flow regulation during exercise Assoc. Prof. Lasse Gliemann	The professional athlete with Type I diabetes Sam Scott (Ph.D., Team Novo Nordisk) Student Oral Presentations	Student Poster Session
12:30 - 13:30	Lunch	Lunch	Lunch
Theme	Hypoxia & Erythropoiesis	Training	Challenges: Athletes & Sports
13:30 - 15:00	Hypoxia-inducible factors in physiology & medicine Nobel Laureate Gregg Semenza (MD, Ph.D.) EPO and its abuse in sports Yvette Dehnes (Ph.D., Lab Director Norwegian Doping Control)	Master cyclists: A model of healthy human ageing Prof. Stephen Harrdige Blood flow restricted exercise Prof. David Bishop	Oral contraceptives & training Assoc. Prof. Mette Hansen Performance & prolonged caloric restriction Assoc. Prof. Anna Melin
15:00 - 15:30	Break	Break	Break
Theme	Anti-Doping	Ergogenic Aids	Challenges: Athletes & Sports
15:30 - 17:00	Pharmacokinetics of drugs Assoc. Prof. Lena Ekström Analytical approaches in drug testing Prof. Mario Thevis Anti-doping today - are we on the right track? Jakob Mørkeberg (Ph.D., Anti-Doping Danmark)	Ergogenic aids Prof. Lawrence Spriet Creatine and carnosine for sports performance Prof. Paul Greenhaff	COVID-19 & athletes: Returning to sport Cons. Resp. Phys. James Hull (Ph.D.) Awards & Closure of symposium